Dear Friends of
Waverly Senior Center

The Senior Center Program has grown from a humble beginning in the log cabin at the park.
This same park later took the namesake of the first chairperson of the board of the Senior Citizen Center
who was Rachel Kohlmann.

The Senior Center now in its 48th year of service to area senior citizens (60 and older) has long been
known for its meals for seniors program. Great cooks prepare meals five days a week, every week for
both a “Meals on Wheels” program of home delivery and for Congregate Meals served at the Center.

The Center serves as a social place where people can come to play cards or Bingo, sew on a quilt, or try
their hand at ceramics or crafts. They also can work in a well-equipped workshop or visit folks who
enjoy companionship. Health concerns are also addressed at the Center with monthly professional
programs on foot care and regular blood pressure checks. The activities and services of the Center can
help older citizens remain healthy and independent for a longer time in their homes. The people at the
Center, staff and participants, can be like another family for those older residents who no longer have
anyone to be with.

15,464 participants took advantage of the many activities and used the facility over the past year. This
requires adequate funding for personnel to plan, organize and introduce these programs.

We want people to visit. We particularly invite older residents to stop in, see our beautiful Center and
the activities available to them. Everyone is welcome.

Yours truly

Senior Citizens Group Inc. of Waverly, Ia.
(formerly Mitchell Manor)

Board Members